

ABSTRACT OF THE DISCLOSURE

Systems and methods for providing a reorientable pulley system. A tube, a first pulley and a second pulley are provided so that the second pulley may be selectively reoriented in relation to the first pulley while still maintaining an alignment between the hollow passageway of the tube and the channels of the first and second pulleys. An exercise device employing the pulley system is disclosed.

G:\DATA\PAT\WORDPAT\15420.25.doc